

**You Can Do It!**  
**Access & Develop your Authentic Writing Skills**  
Weekend writing workshop for women with  
**Christa Mackinnon and Joanna Pine**  
20<sup>th</sup> & 21<sup>st</sup> May 2017, Devon

A unique opportunity for women to work with two published authors  
Come along and be enchanted by your own writing abilities



We all have the ability to write when we access the creative parts of our brain. This very popular workshop provides a safe space in which to experience various ways to activate the creative areas of the brain and create stories, essays and poems, or begin to create a structure and content outline for a non-fiction book.

We will use journeying, guided visualization, word prompts and memory activation techniques to assist you to access those creative, deeper layers. We will support and guide you in your writing process and also provide intense teaching about non-fiction writing, including writing tips, titles, structure, editing and publishing; and show you how you can overcome doubts, procrastination and blockages.

### The Facilitators

Christa Mackinnon is a psychologist, family counsellor, hypnotherapist and shamanic teacher. She has written countless articles and two books: *'Shamanism and Spirituality in Therapeutic Practice'* and *'Shamanism: Awaken and Develop the Shamanic Force within'*, both published by international publishers. Christa is an experienced workshop facilitator, lecturer and trainer and has done some training in 'conscious writing'.

Joanna Pine is a retired Physiotherapist and Counsellor, Supervisor and Facilitator. She has been writing poems for most of her life. Some of her amazing poems were published in three individual poetry books. She is currently working towards publishing her own books of poetry.

## Booking Form

Workshop for Women:

**YOU CAN DO IT!**

**Access and Develop your Authentic Writing Skills**

**20<sup>th</sup> & 21<sup>st</sup> May 2017– 10am to 5pm**

South Brent Village Hall, Station Road Approach, South Brent TQ10 9AQ

**Please book early. Places are limited**

Name and

Address .....

.....

Email:.....Tel.....

### Fees

Early Bird Fees (before 15 <sup>th</sup> April 2017)	£ 120
Regular Fees (after 15 <sup>th</sup> April 2017)	£ 145

### Payment

**You can pay by cheque or via bank transfer (please tick / delete appropriately)**

I enclose the early bird fees £ 120 / I paid by bank transfer

I enclose the regular fees £ 145 / I paid by bank transfer

**By post with cheque:** Please make cheques payable to “Christa Mackinnon” and send them, together with your booking form, to: Andalleth, Trolver Croft, Feock, Cornwall TR3 6RT

**Bank transfer:** Please attach your completed booking form to an email to [christamackinnon@gmail.com](mailto:christamackinnon@gmail.com) and pay your fees via bank transfer to: Christa Mackinnon, Halifax, acc.no: 00438749, sort-code: 11-06-62

**You will receive ‘joining instructions’ with your booking confirmation**